

# HEALTHY AGING, UNDERGRADUATE CERTIFICATE

The Undergraduate Certificate in Healthy Aging is an interdisciplinary program housed in the Center for Aging and Translational Research. The certificate is designed for students:

1. To acquire basic foundational knowledge in the processes of aging, issues regarding aging, and the challenges of older adulthood.
2. To understand the interdisciplinary and integrative nature of gerontology.
3. To have practical experiences with older adults.

The certificate is open to all undergraduate students as well as non-degree seeking students with a bachelor's degree. Undergraduate students may earn the certificate in conjunction with any major. Those with a bachelor's degree may choose to complete the program to enhance their job performance or increase their marketability in the field of aging. Certificate completion will be posted on a student's official transcript and an official paper certificate will be sent to the student.

## Requirements

The student must maintain a 2.5 GPA for the 18 credits that meet certificate requirements.

The program consists of 18 credits including:

| Code   | Title  | Credits |
|--|--|---------|
| <b>Core Curriculum</b>   |  |         |
| SOC WRK 300  | Aged to Perfection: Introduction to the Study of Aging | 3       |
| Select 6 credits from core curriculum courses in the following areas: <sup>1</sup> |  | 6       |
| Biological Aging   |  |         |
| Psychological Aging  |  |         |
| Social Dimensions of Aging   |  |         |
| <b>Correlates/Electives</b>  |  |         |
| Select 6 credits in aging-related courses <sup>2</sup>                             |  | 6       |
| <b>Practicum, Field Placement, Internship, or Service Learning</b>                 |  |         |
| Select 3 credits in a course working primarily with older adults or caregivers     |  | 3       |
| Total Credits  |  | 18      |

<sup>1</sup> No more than three credits can be taken in one area. See the program coordinator for a current list.

<sup>2</sup> Select courses after consulting with the academic advisor for their program and the certificate coordinator. A maximum of 3 credits of approved independent study may be counted as an elective.

For additional information, contact the program coordinator in the Center for Aging and Translational Research, [catr@uwm.edu](mailto:catr@uwm.edu), (414) 229-7313.