COUNSELING, MINOR

Counseling is an essential component across disciplines in psychology, education, social work, and related health professions. The foundational body of knowledge and development of introductory skills in the field of counseling are applicable to students pursuing these professions. A counseling minor would enable individuals to empower diverse individuals, families, and groups to accomplish mental health, wellness, education, and career goals and overcome personal challenges and obstacles in a variety of settings.

Requirements

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>minor</td>
<td>Minor Requirements</td>
<td>18</td>
</tr>
<tr>
<td></td>
<td>At least 9 credits must be at the 300 level or above</td>
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<tr>
<td>total</td>
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<tr>
<td>minor</td>
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<tr>
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<tr>
<td>ED PSY 212</td>
<td>Career Planning and Development for the Multicultural Workplace</td>
<td>3</td>
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<tr>
<td>ED PSY 220</td>
<td>Positive Psychology Applied to Culture, Learning, &amp; Development</td>
<td>3</td>
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<tr>
<td>COMMUN 350</td>
<td>Intercultural Communication</td>
<td>3</td>
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<td>or</td>
<td>Gender and Communication</td>
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<td>COMMUN 402</td>
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<tr>
<td>ED PSY 330</td>
<td>Introduction to Learning and Development</td>
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<td>or</td>
<td>Human Development: Theory and Research</td>
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<tr>
<td>ED PSY 640</td>
<td>Introduction to Clinical Mental Health Counseling</td>
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<td>COUNS 403</td>
<td>Overview of Counseling Skills</td>
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<tr>
<td>COUNS 600</td>
<td>Introduction to Clinical Mental Health Counseling</td>
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<tr>
<td>total</td>
<td>Total Credits</td>
<td>18</td>
</tr>
</tbody>
</table>

Completion

- 18 credits. at least 9 at the 300 level and above;
- Minimum GPA of 2.5 on all credits in the minor, including UWM and transfer credits

Undergraduate Advising

Our purpose is to provide collaborative, mentoring relationships which promote educational, career, and professional development. We value a student-centered, holistic, and ethical approach to advising based on strong partnerships with students, faculty and staff, and the larger campus community. We are committed to creating a respectful and supportive environment. We encourage students to be self-reliant through informed decisions and choices based upon dissemination of accurate information. We value our own continuous professional development to enhance the quality of the advising experience.

How to Prepare for an Advising Meeting

- Come prepared with questions or topics for discussion.
- Make a list of courses you think you should take.
- Investigate opportunities to prepare for the job you want.
- Keep a record of your academic progress.