

# THERAPEUTIC RECREATION (THERREC)

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## **THERREC 103 Life Balance: An Understanding of Leisure**

3 cr.

Introductory survey of the historical, philosophical, sociological, developmental, and cultural aspects of recreation, leisure, and play.

**Prerequisites:** none.

**Course Rules:** CGS HES 103 and THERREC 103 are jointly offered and count as repeats of one another.

**General Education Requirements:** HU

**Last Taught:** Fall 2021, Summer 2021, Spring 2021, Fall 2020.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

## **THERREC 200 Psycho/Social Aspects of Leisure**

3 cr. Undergraduate.

Study of the psychological and sociological aspects of leisure participation.

**Prerequisites:** none.

**Last Taught:** Fall 2007, Spring 2007, Fall 2006, Spring 2006.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

## **THERREC 202 Disability: Society and the Person**

3 cr. Undergraduate.

Goals are to introduce and sensitize students to individuals with disabilities and to enable students to understand the psychological and social impact of disability.

**Prerequisites:** none.

**General Education Requirements:** SS

**Last Taught:** Fall 2021, Spring 2021.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

## **THERREC 202X Disability: Society and the Person**

3 cr. Undergraduate.

Goals are to introduce and sensitize students to individuals with disabilities and to enable students to understand the psychological and social impact of disability.

**Prerequisites:** none.

**General Education Requirements:** SS

**Last Taught:** Fall 2021, Spring 2021.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

## **THERREC 203 Therapeutic Recreation Process**

3 cr. Undergraduate.

Study of Therapeutic Recreation (TR) process including the values and underpinning of practice, and the inter-relationships between TR, health care and human service professionals.

**Prerequisites:** none.

**Course Rules:** Counts as a repeat of THERREC 390 with same topic.

Course taught completely online.

**Last Taught:** Fall 2021, Fall 2020, Summer 2020, Fall 2019.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

## **THERREC 245 Client Diversity in Health Sciences: An Interdisciplinary Perspective**

3 cr. Undergraduate.

Interdisciplinary instruction on effective service delivery in the health sciences to culturally diverse individuals and families. Emphasis on the complexity of an individual's cultural identity.

**Prerequisites:** soph st or cons instr.

**Course Rules:** BMS(C L Sci)/ComSDis/HCA/Kin(HMS)/OccThpy/TherRec 245 are jointly offered; they count as repeats of one another.

**General Education Requirements:** CD, SS

**Last Taught:** Spring 2021, Spring 2020, Spring 2019, Spring 2018.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

## **THERREC 297 Study Abroad - Therapeutic Recreation:**

1-12 cr. Undergraduate.

Designed to enroll students in UWM sponsored program before course work level, content, and credits are determined and/or in specially prepared course work.

**Prerequisites:** Acceptance to Study Abroad Prog.

**Course Rules:** May be retaken w/chg in topic.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

## **THERREC 300 Therapeutic Recreation Assessment and Documentation**

3 cr. Undergraduate.

Study and practice of therapeutic recreation assessment and documentation techniques.

**Prerequisites:** none.

**Last Taught:** Spring 2021, Spring 2020, Spring 2019, Spring 2018.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

## **THERREC 303 Inclusive and Disability Programs in the Community**

3 cr. Undergraduate.

Study of concepts and practices related to the delivery of community programs for individuals with disabilities.

**Prerequisites:** none.

**Last Taught:** Fall 2021, Fall 2020.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

## **THERREC 303X Inclusive and Disability Programs in the Community**

3 cr. Undergraduate.

Study of concepts and practices related to the delivery of community programs for individuals with disabilities.

**Prerequisites:** none.

**Last Taught:** Fall 2021, Fall 2020.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

## **THERREC 308 Therapeutic Recreation in Physical Rehabilitation and Behavioral Health**

3 cr. Undergraduate.

Therapeutic recreation services for individuals with physical disabilities and psychiatric disorders.

**Prerequisites:** none.

**Course Rules:** Not open for cr for students with cr in THERREC 304(ER) or THERREC 305(ER).

**Last Taught:** Fall 2021, Fall 2020, Fall 2019, Fall 2018.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

**THERREC 309 Therapeutic Recreation in Pediatrics and Gerontology**

3 cr. Undergraduate.

Therapeutic recreation services for children/adolescents and elderly individuals.

**Prerequisites:** junior standing or consent of instructor.

**Course Rules:** Not open for cr for students with credit in THERREC 306 or THERREC 307.

**Last Taught:** Summer 2021, Spring 2021, Spring 2006, Spring 2005.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

**THERREC 310 Facilitation Techniques in Therapeutic Recreation**

3 cr. Undergraduate.

Study of various facilitation techniques used in the field of Therapeutic Recreation (TR). Specific emphasis is placed on Leisure Education as a unique modality.

**Prerequisites:** none.

**Last Taught:** Spring 2021, Spring 2020, Spring 2019, Spring 2018.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

**THERREC 390 Topics in Therapeutic Recreation:**

1-3 cr. Undergraduate.

Topics of current interest in therapeutic recreation. Specific credits and additional prerequisites will be announced in the Schedule of Classes whenever the course is offered.

**Prerequisites:** none.

**Last Taught:** Fall 2008, Spring 2008, Fall 2007, Fall 2006.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

**THERREC 399 Independent Study in Therapeutic Recreation**

1-3 cr. Undergraduate.

Individualized experience which enables the student to study current topics of interest to the therapeutic recreation specialist.

**Prerequisites:** junior standing or consent of instructor.

**Course Rules:** May be retaken to max of 3 cr.

**Last Taught:** Summer 2021, Spring 2018, Fall 2017, Summer 2017.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

**THERREC 400 Issues and Trends in Therapeutic Recreation (TR)**

3 cr. Undergraduate.

Examination of the most current issues and trends in the field and advancement of the profession.

**Prerequisites:** THERREC 308(P) or consent of instructor.

**Last Taught:** Fall 2021, Summer 2021, Fall 2020, Summer 2020.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>

**THERREC 401 Therapeutic Recreation Internship and Seminar**

12 cr. Undergraduate.

Therapeutic recreation field instruction at approved agencies for forty hours per week for a full semester. Seminar to prepare students for professional involvement.

**Prerequisites:** must have completed all course work in the TherRec major.

**Last Taught:** Fall 2007, Spring 2007, Fall 2006, Summer 2006.

**Current Offerings:** <https://catalog.uwm.edu/course-search/>